



MaineHealth Department of Psychiatry Grand Rounds

April 28, 2026

“Anti-Fat Bias: A Psychiatric and Ethical Perspective”

8:00 am – 9:00 am

IN PERSON, DANA CENTER AUDITORIUM with Virtual Option

Presented by:

Graduating Fellow

Kaitlyn Halsema, DO

Child and Adolescent Psychiatry Fellowship

MaineHealth Department of Psychiatry

At the conclusion of this activity, participants will be able to:

- Explain the history of the BMI and its varying uses over time
- Apply fundamental bioethical principles to patient cases and real-world examples
- Illustrate psychiatry’s role in anti-fat bias
- Examine how anti-fat bias may show up in your work
- Develop strategies to address implicit bias



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